

## LOW VISION RESOURCES AT-A-GLANCE

The goal of the National Eye Health Education Program's (NEHEP) Low Vision Education Program is to create awareness among people living with vision loss; their families, friends, and healthcare providers; and the general public about vision rehabilitation. The following is an at-a-glance summary of the educational resources available to help raise awareness about the benefits of vision rehabilitation in your community. To learn more about NEHEP and its Low Vision Education Program, please visit [www.nei.nih.gov/nehep/programs/lowvision](http://www.nei.nih.gov/nehep/programs/lowvision).



### **Living With Low Vision: What you should know booklet/DVD**



This booklet and companion DVD help people with vision loss and their families to understand vision rehabilitation and how to live more safely and independently. Available in [English](#) and [Spanish](#).

### **Living With Low Vision: Stories of Hope and Independence video and testimonials**



These videos provide an overview of low vision and feature individuals who have learned to make the most of their remaining sight to maintain their quality of life. Available in [English](#) and [Spanish](#).

### **Living With Low Vision: Stories of Hope and Independence video (for health professionals)**



This [video](#) is designed to help health professionals learn more about their role in making referrals for vision rehabilitation. See how you can help people with low vision and share this video with your colleagues.

### **Living With Low Vision: What you should know PowerPoint presentation and Speaker's Guide**



This [PowerPoint presentation](#) (and corresponding [Speaker's Guide](#)) is designed for health professionals and community educators to use in their community to share vital information about low vision and the benefits of vision rehabilitation services.

Visit [www.nei.nih.gov/nehep/programs/lowvision](http://www.nei.nih.gov/nehep/programs/lowvision) for more information.



National Eye Institute



A program of the National Institutes of Health

# LOW VISION RESOURCES AT-A-GLANCE (cont.)

## Help for People With Vision Loss drop-in article



This article—available in both [English](#) and [Spanish](#)—is ready for use in newsletters, magazines, newspapers, and blogs to inform readers about low vision and vision rehabilitation.

## Five Simple Solutions for Managing Your Medication handout



This [handout](#) includes strategies to help people with low vision manage their medications safely and effectively.

## Helping a Loved One Web page



This Web page provides information in [English](#) and [Spanish](#) on how to help a friend or family member who is experiencing vision loss.

## Help Raise Awareness About the Benefits of Vision Rehabilitation fact sheet



This [fact sheet](#) is designed to teach health and social service professionals about low vision and how to encourage individuals to seek out services that can help them remain independent and enjoy an active life.

## Living With Low Vision: How You Can Help webinar



Our archived [Web-based presentation](#) is designed to inform health and social service providers about how to determine whether someone is having vision problems; where to turn for information and assistance; and how to address the depression, anxiety, and confusion people with vision loss often experience.

# LOW VISION RESOURCES AT-A-GLANCE (cont.)

## Infographics



These infographics use images, statistics, and text to quickly and easily present important eye health information. They can be used to promote vision rehabilitation to people with vision impairment and to their families, friends, and caregivers. The infographics can be printed and distributed, included as inserts in your newsletter, displayed on bulletin boards, shared with local media, uploaded to your website, or shared with your social media networks.

- [What Is Low Vision?](#)
- What Hispanics/Latinos Need To Know About Low Vision ([English](#) and [Spanish](#))
- [African Americans and Eye Health: Low Vision](#)
- [Make Valentine's Day Sweeter for Someone With Low Vision](#)

## Infocards



These [infocards](#) use graphics and text to convey key eye health messages to a variety of audiences, including people with low vision and their family and friends. They can be used on your social media pages to promote vision rehabilitation.

## NEI Low Vision website



The NEI website has a consumer-friendly section on low vision where people can learn more about this condition, find help for a loved one with vision loss, get tips on managing medications, and more. Available in [English](#) and [Spanish](#).

## Low Vision Pinterest board



This [Pinterest page](#) includes a variety of resources—such as booklets, infocards, infographics, and videos—you can use to promote vision rehabilitation to people with low vision and their friends, family, and caregivers.

## NEI YouTube channel



NEI has its own [YouTube channel](#) with videos on a variety of topics, including comprehensive dilated eye exams, the importance of knowing your family's eye health history, and how to live independently with low vision and blindness. You can include a link to this page on your website or post individual videos to your website and social media pages to help educate others.

## Social media messages



NEHEP provides pre-written [Facebook and Twitter messages](#) about low vision that you can post on your social media outlets.