LOW VISION RESOURCES AT-A-GLANCE

The goal of the National Eye Health Education Program’s (NEHEP) Low Vision Education Program is to create awareness about vision rehabilitation among people living with vision loss; their families, friends, and healthcare providers; and the general public. The following is an at-a-glance summary of the educational resources available to help raise awareness about the benefits of vision rehabilitation in your community. To learn more about NEHEP and its Low Vision Education Program, please visit www.nei.nih.gov/nehep/programs/lowvision.

Living With Low Vision: What You Should Know booklet

This booklet helps people with vision loss and their families to learn about vision rehabilitation and how to live more safely and independently. Available in English and Spanish.

Living With Low Vision: Stories of Hope and Independence video and testimonials

These videos provide an overview of low vision and feature individuals who have learned to make the most of their remaining sight to maintain their quality of life. Available in English and Spanish.

Living With Low Vision: Stories of Hope and Independence video (for health professionals)

This video is designed to help health professionals learn more about their role in making referrals for vision rehabilitation. See how you can help people with low vision and share this video with your colleagues.

Living With Low Vision: What You Should Know PowerPoint presentation and speaker’s guide

This presentation is designed for health professionals and community educators to use in their community to share vital information about low vision and the benefits of vision rehabilitation services.

Vision Rehabilitation Maximizes Hope and Independence

This article—available in both **English** and **Spanish**—is ready for use in newsletters, magazines, newspapers, and blogs to inform readers about low vision and vision rehabilitation.

Five Simple Solutions for Managing Your Medication handout

This **handout** offers strategies to help people with low vision manage their medications safely and effectively.

Helping a Loved One Web page

This Web page provides information in **English** and **Spanish** on how to help a friend or family member who is experiencing vision loss.

Help Raise Awareness About the Benefits of Vision Rehabilitation fact sheet

This **fact sheet** is designed to teach health and social service professionals about low vision and how to encourage individuals to seek out services that can help them remain independent and enjoy an active life.

Living With Low Vision: How You Can Help webinar

Our archived **Web-based presentation** is designed to inform health and social service providers about how to determine whether someone is having vision problems; where to turn for information and assistance; and how to address the depression, anxiety, and confusion people with vision loss often experience.
LOW VISION RESOURCES AT-A-GLANCE (cont.)

Infographics & infocards
These infographics and infocards use images and text to convey key eye health messages to a variety of audiences, including people with low vision and their family and friends. They can be included in your newsletter, displayed on bulletin boards, shared with local media, uploaded to your website, or shared through your social media networks.

NEI Low Vision website
The NEI website has a consumer-friendly section on low vision where people can learn more about this condition, find help for a loved one with vision loss, get tips on managing medications, and more. Available in English and Spanish.

Low Vision Pinterest board
This Pinterest page includes a variety of resources—such as booklets, infocards, infographics, and videos—you can use to promote vision rehabilitation to people with low vision and their friends, family, and caregivers.

NEI YouTube channel
NEI has its own YouTube channel with videos on a variety of topics, including comprehensive dilated eye exams, the importance of knowing your family’s eye health history, and how to live independently with low vision and blindness. You can include a link to this page on your website or post individual videos to your website and social media pages to help educate others.

Social media messages
NEHEP provides pre-written Facebook and Twitter messages about low vision that you can post on your social media outlets.