GLAUCOMA IN HISPANICS/LATINOS

WHAT IS GLAUCOMA?
Glaucoma is a group of eye diseases that can damage the optic nerve. The optic nerve is a bundle of fibers that carries messages from the eye to the brain.

HOW CAN GLAUCOMA AFFECT MY VISION?
- Glaucoma affects peripheral, or side, vision.
- Left untreated, it can lead to complete vision loss and blindness.
- Vision loss from glaucoma cannot be restored.

THERE ARE OFTEN NO SYMPTOMS IN ITS EARLY STAGES

HOW DOES GLAUCOMA AFFECT HISPANICS/LATINOS?
- Eight out of every ten Hispanics/Latinos with glaucoma do not know they have it.
- By the year 2030, the number of Hispanics/Latinos age 40 and older with glaucoma will have nearly tripled.

WHO IS AT RISK FOR GLAUCOMA?
- Everyone age 60 and older, especially Hispanics/Latinos
- People with a family history of glaucoma
- People with diabetes

60+

WHAT CAN I DO?
- Get a comprehensive dilated eye exam every one to two years.
- Visit www.nei.nih.gov/glaucoma for more information.