



Here's a tip to keep your eyes healthy.

USE

PROTECTIVE EYEWEAR

Keep your eyes protected at work and at play. Wear protective eyewear when doing chores around the house, playing sports, or on the job to prevent eye injuries. Talk to your eye care provider about the right protective eyewear for your sport or job.

Visit nei.nih.gov/hvm/healthy_eyes_eyewear to learn more.