



Here's a tip to keep your eyes healthy.

# GET

**A COMPREHENSIVE  
DILATED EYE EXAM**

Many common eye diseases have no early symptoms. But they can be detected during a dilated eye exam. It's the best way to know if your eyes are healthy and you are seeing your best. Talk to your eye care professional about how often you need one.

Visit [nei.nih.gov/healthyeyes](https://nei.nih.gov/healthyeyes) to learn more.