

Tips for Finding an Eye Care Professional



Sometimes it can be difficult to choose a healthcare provider. It's important to find someone you have good communication with, especially when it comes to your eye health. Here are a few tips for finding a local professional to provide your eye care:

- Ask family members and friends about eye care professionals they use.
- Ask your family doctor for the name of a local eye care specialist.
- Call the department of ophthalmology or optometry at a nearby hospital or university medical center.
- Contact a state or county association of ophthalmologists or optometrists. These groups, usually called academies or societies, may have lists of eye care professionals with specific information on specialty and experience.
- Contact your insurance company or health plan to learn whether it has a list of eye care professionals who are covered under your plan.
- Visit a local bookstore or library for journals and books about selecting a physician and medical treatment. A library reference specialist can help you identify books on finding healthcare professionals.



Visit <http://www.nei.nih.gov/healthyeyes/findprofessional.asp> for additional recommendations and resources.